

# Koraima Sotomayor Enríquez

📖 London, England | ✉ k.sotomayor-enriquez@ed.ac.uk  
🌐 <https://korysot.github.io> | [/koraima-sotomayor/](#) | [0000-0003-4575-4837X](#)

## PROFESSIONAL SUMMARY

### PROACTIVE, CURIOUS, HARD-WORKING, AND KIND [SHE/HER]

I am a postdoctoral researcher at King's College London. During my PhD, I focused on the role of mentalization and emotion regulation in shaping vulnerability and protective factors in young people's mental health. I completed my doctoral studies within the IMMERSE consortium, where I contributed to the implementation of a mobile digital mental health intervention based on Experience Sampling Methodology (ESM) within routine clinical practice. I am interested in research that uses ESM and other quantitative methods to explore dynamic mental health processes in youth populations.

## EDUCATION

### THE UNIVERSITY OF EDINBURGH | PhD IN CLINICAL PSYCHOLOGY

Sep 2021 – July 2025 | Edinburgh, Scotland

Academic Scholarships: Full Scholarship as part of a Studentship with the IMMERSE consortium

### THE UNIVERSITY OF EDINBURGH | MSc PSYCHOLOGICAL RESEARCH (MERIT)

Sep 2020 – Sep 2021 | Edinburgh, Scotland

### NEUROCORP - UNIVERSIDAD INTERNACIONAL DEL ECUADOR

| DIPLOMA IN EXPERTISE IN EVIDENCE BASED PSYCHOTHERAPY

November 2019 – May 2020 | Quito, Ecuador

### UNIVERSIDAD INTERNACIONAL DEL ECUADOR |

BACHELOR'S DEGREE IN PSYCHOLOGY WITH HONOURS (SUMA CUM LAUDE)

Academic Scholarships: Full Scholarship Sep 2011 – Jan 2017 | Quito, Ecuador

Awards: Best graduate at ceremony of graduation

## SKILLS

### PROGRAMMING

Moderate : • $\text{\LaTeX}$  • R

Familiar/Studying : • Python • bash-shell

### SOFTWARE

Moderate : • SPSS • Office • Google Drive • Qualtrics

Graphic Design : • Adobe Illustrator • Adobe Premiere

### LANGUAGES

Spanish	(L1) Native fluency	
	IELTS overall score: 7.5	13 February 2020
English	TOEFL® iBT total score: 102	5 January 2019
French	(A1) The University of Edinburgh - short courses	28 November 2022
Ecuadorian Sign Language	(A1) Deaf People Association of Pichincha	25 January 2018

## PUBLICATIONS

- Reininghaus U., Schwannauer, M., [...], Sotomayor-Enriquez, Koraima [...], Myin-Germeys, I., & Schick, A. (2024). Strategies, processes, outcomes, and costs of implementing experience sampling-based monitoring in routine mental health care in four European countries: study protocol for the IMMERSE effectiveness-implementation study. BMC Psychiatry 24, 465 <https://doi.org/10.1186/s12888-024-05839-4>
- Sotomayor-Enriquez, Koraima, Di Folco, S., & Schwannauer, M. (2024). Emotion Regulation mediates the association between Hypermentalizing and Interpersonal Difficulties in Young People. <https://doi.org/10.31234/osf.io/65squ>
- Sotomayor-Enriquez, Koraima, Gweon, H., Saxe, R., & Richardson, H. (2024). Open dataset of theory of mind reasoning in early to middle childhood. Data in Brief, 52, 109905. <https://doi.org/10.1016/j.dib.2023.109905>
- Miniguano-Trujillo, A., Salazar, F., Torres, R., Arias, P., & Sotomayor, Koraima. (2021). An integer programming model to assign patients based on mental health impact for tele-psychotherapy intervention during the Covid-19 emergency. Health Care Management Science, 24(2), 286–304. <https://doi.org/10.1007/s10729-020-09543-z>

## EXPERIENCE

### BRIDGING DIVIDED PROJECT RESEARCH ASSOCIATE

London - England

May 2025 - Ongoing

Responsibilities:

- Design and conduct experience sampling component of the project.
- Collect, analyse, and interpret data using statistical methods.
- Write and present findings in reports, academic poster, conferences.
- Ensure compliance with ethical standards and safety protocols.

### IMMERSE PROJECT HONORARY RESEARCH ASSISTANT AND PHD CANDIDATE

Edinburgh - Scotland

September 2021 - April 2025

Responsibilities:

- Recruited up to 104 participants from NHS sites for the clinical study.
- Provide support for participants in the study.
- Regularly update trial documentation and maintaining study records to ensure data quality.
- Write academic outputs for the project.

### THE UNIVERSITY OF EDINBURGH TEACHING ASSISTANT

Edinburgh - Scotland

February 2022 - January 2025

Responsibilities:

- Tutor, organise, and facilitate weekly tutorials during academic period to contribute towards a creative learning environment.
- Mark assignments following standards and regulations of the course organiser.

### 1001 THINK TANK PROJECT RESEARCH ASSISTANT

Edinburgh - Scotland

February 2022 - July 2022

Responsibilities:

- Coordination of stakeholders engagement in South Africa and Edinburgh, while organising sub-teams and liaise with students involved in the project.
- Design and edit digital resources in collaboration with the Changemakers.

### NEURODESARROLLO QUITO PSYCHOLOGIST

Quito - Ecuador

October 2018 - Sep 2020

Responsibilities:

- Psychological assessments with children and adults including neuropsychological test, interviews, and clinical observation.
- Implementation of evidence-based interventions with children (ASD, Anxiety difficulties, behavioural difficulties) and adults (PTSD, Mood Disorders).
- Writing and edition of neuropsychological reports.
- Coaching parents in behaviour management skills and positive parenting.

## VOLUNTEERING

### CONTEXTUAL MENTAL HEALTH GROUP

RESEARCH GROUP SEMINAR ORGANISER

September 2021 - Ongoing

### SCHOOL OF HEALTH IN SOCIAL SCIENCE PGR

PROGRAMME REPRESENTATIVE

September 2022 - September 2023

### BUTTERFLY BABY CLINIC HONORARY RESEARCH ASSISTANT

May 2021 - October 2023

### CAPS - ETHIC MINORITIES GROUP VOLUNTEER

January 2021 - May 2023

## AWARDS

- |      |    |   |
|------|----|---|
| 2024 | UK | Associate Fellowship of the Higher Education Academy (AFHEA)  |
| 2023 | UK | Edinburgh Award (Students' Association: Leadership in Student Opportunities)  |
| 2020 | EC | Research Award by the Metropolitan Council of Social Responsibility - Quito for the initiative on the optimal allocation of psychological consultations during the Covid-19 emergency |

## INTERESTS

📖 Journaling 🧩 Open Science and Reproducibility 🎮 Videogames 🚶 Walking 🗣 Behaviour Sciences 🌸 Anime/Manga